



## Walk with us

**We are Living Streets, the UK charity for everyday walking.**

We want to create a walking nation where people of all generations enjoy the benefits that this simple act brings - whether that's on a gentle stroll around nearby streets and parks or on a short walk to your local shops and services.

We want streets fit for walking too, so we'll be looking to find out if there are any improvements you'd like to see on walking routes in your area.

### There are lots of ways to get involved with us:

- **Join a guided walk** – explore your local area and meet new people
- **Get motivated to walk more** – take a personal pledge
- **Become a walk champion** – train to lead walks in your community
- **Help improve your streets for walking** - take part in a Community Street Audit

### Get In Touch

If you're interested in finding out more, working with us or would like to get involved then please get in touch with one of your local Living Streets Coordinators.

#### **Katie France**

**07808 640305 | [katie.france@livingstreets.org.uk](mailto:katie.france@livingstreets.org.uk)**

Working in Aylestone, Evington, Humberstone & Hamilton and Spinney Hills with schools, workplaces and communities (Leicester Walk To project)

#### **Sallie Butt**

**07710 847 022 | [sallie.butt@livingstreets.org.uk](mailto:sallie.butt@livingstreets.org.uk)**

Working in Belgrave, Evington, Spinney Hills, Thurncourt and Wycliffe with people aged 50+ (Leicester Ageing Together project)